

Jing Fang Formulas for The COVID-19 Pneumonia (Alphabetical)

Formula Name	Syndrome	Symptoms	Ingredients
Bai Hu Jia Ren Shen Tang	Yang ming Tai yin concurrent syndrome	<ol style="list-style-type: none"> 1. Fever with excessive sweating, aversion to heat and severe thirst 2. Fatigue, red complexion, irritability 3. Rapid, flooding, slippery or large pulse 	Shi gao 30-60g Zhi mu 10-15g Jing mi 10-60g Zhi gan cao 6-10g
Ban Xia Xie Xin Tang	Jue yin Tai yin concurrent syndrome	<ol style="list-style-type: none"> 1. Chest oppression, tightness and heaviness, cough with phlegm 2. Heaviness of the head, foggy mind 3. Heat sensations in the upper and cold sensations from the abdomen downward 4. Nausea, vomiting, glomus, borborygmus, sluggish loose stools 5. Mild vexation and extreme fatigue 6. Thick yellow greasy coating and wiry rapid pulse, or slippery pulse 	Jiang ban xia 20-40g Gan jiang 3-10g Dang shen 10g Da zao 10-20g Huang qin 10g Huang lian 3-10g Zhi gan cao 6-10g
Chai Hu Gui Zhi Tang plus Shi gao, Ge gen	Tai yang Yang ming concurrent syndrome	<ol style="list-style-type: none"> 1. Soreness and pain of the limbs, with aversion to wind and cold and mild sweating 2. Alternating fever and chills and temporal headache 3. Fullness and pain in the rib side and epigastric, nausea, bitter taste, low appetite, glomus 4. White tongue coating, wiry slippery or wiry floating pulse. 	Chai hu 12-20g Huang qin 10-15g Dang shen 10-15g Da zao 10-20g Zhi gan cao 6-10g Ban xia 20g Sheng jiang 20g Gui zhi 10-20g Bai shao 10-20g Shi gao 30-45g Ge gen 10-30g

Da Chai Hu plus Shi Gao Tang	Shao yang Yang ming concurrent syndrome	<ol style="list-style-type: none"> 1. Alternating fever and chills and headache 2. Fullness and pain in the rib side and epigastric, nausea, bitter taste, low appetite, dry painful throat, hard glomus 3. Abdominal distention and sluggish and incomplete stools, constipation, irritability 4. Yellow tongue coating, wiry forceful or slippery rapid pulse 	Chai hu 15-20g Huang qin 10-15g Ban xia 20g Da zao 10-20g Sheng jiang 20g Bai shao 20g Zhi shi 10-20g Da huang 3-10g
Da Qing Long Tang	Tai yang Yang ming concurrent syndrome	<ol style="list-style-type: none"> 1. Soreness and pain of the limbs, with aversion to wind and lack of sweating with edema of the body and face (occ night sweating) 2. Alternating fever and chills, severe heat sensations, aversion to cold and heat 3. Inhibited urination, panting and wheezing, vexation, irritability 4. Floating tight pulse 	Ma huang 3-10g Gui zhi 10-20g Xing ren 10-20g Shi gao 30-45g Sheng Jiang 20g Da zao 10-20g Zhi Gan cao 6g
Da Yuan Yin (Wen Yi Lun)	Yang ming Tai yin concurrent syndrome	<ol style="list-style-type: none"> 1. Heat sensation with aversion to cold and heat, headache and body aches 2. Chest oppression and heaviness with shortness of breath and vexation 3. Poor appetite, nausea and fullness after eating 4. Thick greasy coating, deep slippery pulse 	Sheng gan cao 6g Bing lang 15g Hou po 10g Cao guo 10g Zhi mu 10g Bai shao 10g Huang qin 10g
Ge Gen Tang	Tai yang syndrome	<ol style="list-style-type: none"> 1. Severe tightness of the neck, shoulder and jaw, soreness and pain of the limbs, edema with aversion to wind and cold without sweating 2. Alternating fever and chills 3. Wheezing, panting and chest fullness 4. White tongue coating, wiry floating pulse. 	Ge gen 10-30g Gui zhi 10-20g Ma huang 3-10g Bai shao 20-30g Sheng jiang 20g Da zao 10-20g Zhi gan cao 6g

Gui Zhi Jia Hou Po Xing Zi Tang	Tai yang syndrome	<ol style="list-style-type: none"> 1. Soreness and pain of the limbs, aversion to wind and cold and mild sweating 2. Alternating fever and chills, occipital headache 3. Panting, wheezing, cough shortness of breath with chest fullness and oppression 4. White tongue coating, wiry floating pulse. 	<p>Gui zhi 10-20g Bai shao 20-30g Sheng jiang 20g Da zao 10-20g Zhi gan cao 6g Xing Ren 10-20g Hou po 15-20g</p>
Hou Po Ma Huang Tang	Tai yang Tai yin Yang ming concurrent syndrome	<ol style="list-style-type: none"> 1. Heat sensations with aversion to cold without sweating 2. Productive cough, wheezing, panting, shortness of breath, dry retching, vomiting, chest fullness and distention 3. Vexation, irritability 4. White tongue coating, wiry floating pulse. 	<p>Hou po 20-30g Ma huang 3-10g Shi gao 30-45g Xing ren 10-15g Ban xia 20g Gan jiang 10g Xi xin 3-6g Fu xiao mai 10-20g Wu wei Zi 10-20g</p>
Li Zhong Tang	Tai yin syndrome	<ol style="list-style-type: none"> 1. Cold sensation, fatigue, epigastric pain, nausea, vomiting, no thirst, no appetite 2. Loose stools, abdominal pain, scant urine 3. Pale tongue white coating, deep thready pulse 	<p>Dang Shen 10-15g Bai zhu 10-20g Zhi gan cao 6-10g Gan jiang 3-10g</p>
Ma Xing Shi Gan Tang	Tai yang Yang ming concurrent syndrome	<ol style="list-style-type: none"> 1. Severe pain and edema of the limbs, with aversion to cold and heat, lack of sweating (could have night sweating) 2. Alternating fever and chills and occipital headache, vertigo, panting, wheezing, coughing, chest fullness and shortness of breath 3. Dry mouth, vexation, irritability 4. Yellow tongue coating, slippery rapid pulse. 	<p>Ma huang 3-10g Xing ren 10-20g Shi gao 30-45g Zhi gan cao 6g</p>

Ma Xing Yi Gan Tang	Tai yang Yang ming concurrent syndrome	<ol style="list-style-type: none"> 1. Severe radiating pain and heaviness of the body, edema of the limbs, with aversion to cold and heat, lack of sweating 2. Alternating fever and chills and occipital headache, vertigo, panting, wheezing, cough, chest fullness and shortness of breath 3. Greasy tongue coating, slippery pulse. 	Ma huang 3-10g Xing ren 10-20g Sheng yi yi ren 30g Zhi gan cao 6g
Qing Fei Pai Du San	Three yang Tai yin concurrent syndrome	<ol style="list-style-type: none"> 1. Alternating fever and chills, aversion to cold and heat, wheezing, coughing, chest tightness, shortness of breath 2. Pain and soreness of limbs, mild edema, lack of sweating, or night sweating 3. Dry and pain throat, phlegm rales 4. Low appetite, bitter taste, nausea 5. Dry mouth, vexation, irritability 6. Frequent urination and loose stools 7. Yellow tongue coating, slippery rapid pulse. 	Ma huang 10g, Gan cao 6g, Xing ren 9g, Shi gao 30g, Gui zhi 15g, Ze xie 10g, Zhu ling 9g, Bai zhu 9g, Fu ling 15g, Chai hu 15g, Huang qin 10g, Ban xia 10g, Sheng jiang 10g, Zi wan 10g, Kuan dong hua 10g, She gan 10g, Xi xin 3g, Shan yao 12g, Zhi shi 10g, Chen pi 20g, Huo xiang 9g
San Ren Tang (Wen Bing Tiao Bian)	Tai yang Tai yin Yang ming concurrent syndrome	<ol style="list-style-type: none"> 1. Headache, painful limbs, aversion to cold 2. Shortness of breath, chest oppression, fullness and shortness of breath, cough with phlegm which is difficult to expectorate 3. Mild fever in the afternoon, lack of thirst, lusterless complexion, lack of appetite 4. Dry mouth, vexation, irritability 5. White tongue coating, wiry thready pulse. 	Xing ren 15g Hua shi 10-18g Bai dou kou ren 10g Tong cao 6g, Zhu ye 6-15g Hou po 10-20g Sheng yi ren 20-30g Ban xia 15-25g

She Gan Ma Huang Tang	Tai yang Tai yin Yang ming concurrent syndrome	<ol style="list-style-type: none"> 1. Mild fever and chills, aversion to cold, panting, wheezing, spastic cough, chest fullness and shortness of breath 2. Phlegm rales in the chest, throat pain 3. Yellow tongue coating, slippery rapid pulse 4. White coating, floating wiry pulse. 	<p>She gan 10g, Ma huang 3-10g, Zi wan 10-15g Kuan dong hua 15g Ban xia 20g, Xi xin 3-6g Wu wei zi 15g, Sheng jiang 15-20g, Da zao 10g</p>
Si Ni Jia Ren Shen Tang	Tai yin syndrome	<ol style="list-style-type: none"> 1. Cold sensations of the body and limbs with weakness and fatigue 2. Low appetite, vomiting, diarrhea 3. Faint weak pulse. 	<p>Zhi gan cao 6-10g Dang shen 10-15g Gan jiang 6-10g Pao fu pian 6-10g</p>
Ting Li Da Zao Xie Fei Tang	Yang ming Tai yin concurrent syndrome	<ol style="list-style-type: none"> 1. Phlegm stagnation in the lung, cough with excessive phlegm, wheezing, panting, chest distension, inability to lie down, vomiting of yellow phlegm and pus. 2. Greasy yellow coating and slippery pulse. 	<p>Ting li zi 15g Da zao 20g</p>
Wei Jing Tang	Yang ming Tai yin concurrent syndrome	<ol style="list-style-type: none"> 1. Mild heat sensations, cough with foul smelling phlegm, chest fullness and pain, shortness of breath 2. Vexation, dry scaly and thick skin 3. Red tongue, yellow greasy coating, slippery rapid pulse. 	<p>Lu gen (Wei jing) 10-20g Tao ren 10-15g Sheng yi ren 30g Dong gua ren 10-20g</p>
Wu Ling San	Tai yang Tai yin Yang ming concurrent syndrome	<ol style="list-style-type: none"> 1. Stabbing joint pain, headache with aversion to wind, spontaneous sweating 2. Urination disorders, thirst with or without a desire to drink 3. Often leads to up surging of dampness seen as insomnia, vertigo, shortness of breath, anxiety, palpitations 4. Thick coating at the root, floating pulse. 	<p>Gui zhi 10-20g Fu ling 10-20g Bai zhu 10-30g Zhu ling 10g Ze xie 10-20g</p>

Xiao Chai Hu plus Shi Gao Tang	Shao yang Yang concurrent syndrome	<ol style="list-style-type: none"> 1. Alternating fever and chills, or persistent fever, aversion to cold and heat, chest fullness and tightness, rib side pain, shortness of breath, bitter taste, nausea, low appetite in the morning, headache with pressure and pain behind the eyes 2. Mouth and tongue ulcers with swelling 3. Thin coating, wiry rapid pulse. 	Chai hu 15-20g Huang qin 10-15g Ban xia 20g Dang shen 10-15g Da zao 10-20g Sheng jiang 15-20g Zhi gan cao 6-10g Shi gao 30-45g
Ze Qi Tang	Three yang Tai yin concurrent syndrome	<ol style="list-style-type: none"> 1. Mild heat sensations, chest fullness and mild tightness 2. Cough, vomiting of yellow phlegm, thirst, edema 3. Thick yellow greasy coating, slippery pulse. 	Ze qi 10-30g Zi shen 10g/Zi wan 10g Ban xia 20g Dang shen 10g Sheng jiang 15g Bai qian 15g Zhi gan cao 6g Huang qin 10-15g Gui zhi 10g
Zhu Ye Shi Gao Tang	Yang ming Tai yin concurrent syndrome	<ol style="list-style-type: none"> 1. High fever with aversion to heat, emaciation and fatigue 2. Chest fullness and tightness, shortness of breath, cough, chest tightness and oppression, nausea 3. Vexation, irritability, insomnia, dry mouth and throat, severe thirst 4. Red tongue with scant coating, thready rapid pulse. 	Zhu ye 10-20g Shi gao 30-45g Ban xia 20g Mai men dong 10-30g Jing mi 30g Dang shen 10-15g Zhi gan cao 6g

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