

Jing Fang Six Syndrome Foundation and Advanced Courses

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Course Description:

This course is designed for practitioners who wish to grasp a deeper understanding of the classical system of Chinese medicine. It is conceived for practitioners that have some or no prior knowledge of herbal medicine. Since this is a complete program of classical diagnosis in the classical 6 syndromes system of Zhang Zhong Jing. In this foundation course (128 hours), practitioners will be able to identify and treat with the classical 6 syndrome approach with over 130 classical formula patterns and well as understand over 100 single herbal modifications.

After finishing the first 2 weekends of the foundation course, the practitioners are able to attend the advanced courses and reach a deeper clinical understanding of specific treatment of disease. Each weekend is focused on analysing a group of similar diseases and will provide the understanding of individual cases and formula patterns and modifications according to their clinical presentations and treatment given. These advanced clinical courses (24hrs each) include the most commonly seen diseases and disorders: male and female disorders, skin disorders, pain disorders, neurological disorders, intestinal disorders, and respiratory disorders.

The advanced courses will also include live clinical case review and presentation where practitioner will have the chance to practice and solidify their clinical skills by having live cases in the aim to perfect the classical clinical skills.

Foundation Course: 2 years - 4 weekends (128 hours)

1st Foundation Course - 4 days: Six Syndrome diagnosis and External Syndromes

Day 1: Diagnostic of six syndromes according to symptoms analysis and diagnosis including classical pulse according to Zhang Zhong Jing

Day 2-3 Tai yang simplex and complex syndromes

Day 4 Shao yin simplex and complex syndromes

2nd Foundation Course-4 days: Internal syndromes

Day 1-2 Tai yin simplex and complex excess and deficiency syndromes

Day 3-4 Yang ming simplex and complex excess and deficiency syndromes

3rd Foundation Course – 4 days: Half-exterior and Half-interior syndromes

Day 1-2 Shao yang simplex and complex syndromes

Day 3-4 Jue yin simplex and complex syndromes

4th Foundation Course – 4 days: Single herbs in Jing Fang with modifications

Morning: PPT explaining 20 single herbs in the classical 6 syndromes system with case studies analysis, syndrome differentiation, and formula patterns

Afternoon: Live case presentations with analysis and diagnosis on topic.

Advanced Clinical Courses – 6 Weekends (24hours each)

5th Advanced Course - 3 days – Male and Female Disorders in Jing Fang with live cases

Morning: PPT presentation on topic, with symptom analysis, syndrome differentiation, formula patterns, and case studies

Afternoon: Live case presentations with analysis and diagnosis on topic.

6th Advanced Course – 3 days - Skin Disorders in Jing Fang with live cases

Morning: PPT presentation on topic, with symptom analysis, syndrome differentiation, formula patterns, and case studies

Afternoon: Live case presentations with analysis and diagnosis on topic.

7th Advanced Course – 3 days - Pain Disorders (Bi syndrome, chest pain, migraine) in Jing Fang with live cases

Morning: PPT presentation on topic, with symptom analysis, syndrome differentiation, formula patterns, and case studies

Afternoon: Live case presentations with analysis and diagnosis on topic.

8th Advanced Course – 3 days – Neurological and Psychosomatic Disorders in Jing Fang with live cases (Post stroke paralysis, ALS, MS, Parkinson's, Depression, OCD, Anxiety, Insomnia)

Morning: PPT presentation on topic, with symptom analysis, syndrome differentiation, formula patterns, and case studies

Afternoon: Live case presentations with analysis and diagnosis on topic.

9th Advanced Course – 3 days - Intestinal Disorders in Jing Fang with live cases (Crohn's, IBS, Diarrhea, colitis, constipation)

Morning: PPT presentation on topic, with symptom analysis, syndrome differentiation, formula patterns, and case studies

Afternoon: Live case presentations with analysis and diagnosis on topic.

10th Advanced Course – 3 days – Asthma and respiratory disorders in Jing Fang (bronchitis, sinusitis, rhinitis, COPD)

Morning: PPT presentation on topic, with symptom analysis, syndrome differentiation, formula patterns, and case studies

Afternoon: Live case presentations with analysis and diagnosis on topic.